



Refrigerator Inventory

Before you grocery shop again, determine what you really need by using this sheet to take an inventory of your fridge, pantry, and freezer. You might be surprised to find you don't need to buy mustard after all!

Date: _____

Item	Quantity
_____	_____
_____	_____
_____	_____
_____	_____
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_____	_____
_____	_____
_____	_____



Learn more about preventing wasted food and composting:
www.MakeDirtNotWaste.org / 651-270-7071

Item

Quantity



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